

"Don't Worry"
Philippians 4:4-9
Wednesday, July 22, 2020
Special Guest Series
Joe Garcia

1. **4:4-5 Change The Way We React**
2. **4:6-7 Change The Way We Pray**
3. **4:8 Change The Way We Think**
4. **4:9 Change The Way We Live.**

1. 4:4-5 Change The Way We React

4"Rejoice in the Lord always. Again I will say, rejoice!

- a. **Rejoice:** Despite the circumstance from which it was written, *joy* is all over the letter to the Philippians. Examples of this are in Php 1:4; Php 1:18; Php 1:25; Php 2:2; Php 2:16-18; Php 2:28; Php 3:1; Php 3:3; Php 4:1; Php 4:4.
- b. Rejoice in the Lord always.' People who are very happy, especially those who are very happy in the Lord, are not apt either to give offense or to take offense. Their minds are so sweetly occupied with higher things, that they are not easily distracted by the little troubles which naturally arise among such imperfect creatures as we are. Joy in the Lord is the cure for all discord." (Spurgeon)

Romans 12:12

"rejoicing in hope, patient in tribulation, continuing steadfastly in prayer;"

Philippians 3:1

Finally, my brethren, rejoice in the Lord. For me to write the same things to you *is* not tedious, but for you *it is* safe.

1Thessalonians 5:16-18

16 Rejoice always, 17 pray without ceasing, 18 in everything give thanks; for this is the will of God in Christ Jesus for you.

Philippians 3:1

Finally, my brethren, rejoice in the Lord. For me to write the same things to you *is* not tedious, but for you *it is* safe.

1Thessalonians 5:16-18

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2 Corinthians 6:10

as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing all things.

Psalms 70:4

“Let all those who seek You rejoice and be glad in You; And let those who love Your salvation say continually, “Let God be magnified!””

Psalm 71:23

“My lips shall greatly rejoice when I sing to You, And my soul, which You have redeemed.”

Psalms 97:12

“Rejoice in the LORD, you righteous, And give thanks at the remembrance of His holy name.”

2. 4:6-7 Change The Way We Pray

6 Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God;

Nahum 1:7

The LORD *is* good, A stronghold in the day of trouble; And He knows those who trust in Him.

Psalm 33:18

Behold, the eye of the LORD *is* on those who fear Him, On those who hope in His mercy,

Psalm 145:18

The LORD *is* near to all who call upon Him, To all who call upon Him in truth.

Proverbs 1:7

The fear of the LORD *is* the beginning of knowledge, *But* fools despise wisdom and instruction.

Wiersbe Describes:

Prayer- it's the idea of adoration, we cannot think our problems are too big for God, too often we find ourselves rushing into the presence of God telling Him our needs. We need to approach God calmly and with a deep reverence.

Supplication- an earnest sharing of our needs and problems, there is no place for halfhearted, insincere prayer. Supplication is not a matter of carnal energy but of spiritual intensity

Thanksgiving- this is the idea of appreciation, giving thanks to God, we are eager to ask but are we as eager to appreciate.

1 Thessalonians 5:17-18

“pray without ceasing, in everything give thanks; for this is the will of God in Christ Jesus for you.”

Psalm 1:2

But his delight is in the law of the LORD, And in His law he meditates day and night.”

Psalm 55:22

“Cast your burden on the LORD, And He shall sustain you; He shall never permit the righteous to be moved.”

Matthew 6:25

“Therefore I say to you, do not worry about your life, what you will eat or what you will drink; nor about your body, what you will put on. Is not life more than food and the body more than clothing?”

1 Peter 5:7

“casting all your care upon Him, for He cares for you.”

7 and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.

Isaiah 26:3

“You will keep him in perfect peace, Whose mind is stayed on You, Because he trusts in You.”

John 14:27

“Peace I leave with you, My peace I give to you; not as the world gives do I give to you. Let not your heart be troubled, neither let it be afraid.”

Philippians 4:9

"The things which you learned and received and heard and saw in me, these do, and the God of peace will be with you."

Colossians 3:15

"And let the peace of God rule in your hearts, to which also you were called in one body; and be thankful."

3. 4:8 Change The Way We Think

8 Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy—meditate on these things.

John 17:17

**The Holy Spirit wants to control our mind with truth
"Sanctify them by Your truth. Your word is truth."**

I John 5:6

"This is He who came by water and blood—Jesus Christ; not only by water, but by water and blood. And it is the Spirit who bears witness, because the Spirit is truth."

Genesis 3:1

Now the serpent was more cunning than any beast of the field which the LORD God had made. And he said to the woman, "Has God indeed said, 'You shall not eat of every tree of the garden'?"

4. 4:9 Change The Way We Live.

9 The things which you learned and received and heard and saw in me, these do, and the God of peace will be with you."

2 Corinthians 10:5

casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ,

Application

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- 2. Change The Way We Pray**
- 3. Change The Way We Think**
- 4. Change The Way We Live.**